

LIST OF RECOMMENDED PROBIOTICS

Probiotics must be composed only of *Lactobacillus* strains. Also, whenever possible, the use of vaginal probiotics is suggested. Manufacturer instructions must be followed for each specific case. Some probiotics contain progesterone in their composition. These probiotics are not included on the list below, since they are not recommended in case of having performed an ERA or EndomeTRIO test, because they could alter the reproducibility of the ERA results.

VAGINAL PROBIOTICS:

EUROPE

Acidif CV. Biohealth. Vaginal tablets.
Bactigyn. CCD Laboratoire de la femme. Vaginal suppositories.
Canesflor o GineCanesflor. Bayer. Vaginal capsules.
Dicoflor Elle Med. AG Pharma. Vaginal capsules.
Gynexelle ProGyn. Bionike. Vaginal capsules.
Gynolact vaginal tablets N8 Vitabalans. Gynolact. Vaginal suppositories.
GynOphilus. Biose. Vaginal capsules.
Intibiotics®. SEID Lab. Vaginal capsules.
IntraFresh® 10 Pessaries. Biocare. Vaginal pessaries.
Invag. Biomed. Vaginal capsules.
Muvagyn. Casen Laboratories. Vaginal suppositories.
Normogin 40mg. Baldacci Laboratory. Vaginal tablets.
Physioflor or Physioflor LP. IPRAD Laboratories. Vaginal capsules.
Probio3 AH Vaginal. Tegor. Vaginal capsules.
Probio Fem. Bonusan. Vaginal suppositories.
SAUGELLA Attiva. MYLAN PHARMACEUTICALS. Gel and Vaginal capsules.
Softigyn. Solartium Group. Vaginal capsules.
Vagi-flora. Assos Pharma. Vaginal capsules.
Vivagyn. Densmore. Vaginal capsules.
Woman ISDIN Isadin Plus. ISDIN. Vaginal suppositories.

ASIA

AB-intimus. AB-Biotics. Vaginal tablets.
Canesten Canesflor. Bayer. Vaginal capsules.
Ginestra.Pharmaline. Vaginal tablets.
Gynolact vaginal tablets N8 Vitabalans. Gynolact. Vaginal suppositories.
Invag. Biomed (imported from Europa). Vaginal capsules.
Lactoflora Forte. Sante Laboratory Co., Ltd. Vaginal capsules.
Physioflor. IPRAD Laboratories. Vaginal capsules.
VagiBiom. Biom. Vaginal suppositories.

OCEANIA

Canesflor. Bayer. Vaginal capsules.
V-Spot Probiotic. Amelia. Vaginal pessaries.

MIDDLE EAST

Dicoflor Elle Med. AG Pharma. Vaginal capsules.
Purfem. Aralez Pharmaceuticals. Vaginal suppositories with applicator.

INDIA

Evanew vaginal tablets. Zuventus Healthcare Ltd. Vaginal tablets.

ORAL PROBIOTICS:

Donnaplus Flora íntima. Ordesa. Oral capsules.
Femelle. Bromatech. Oral capsules.
FertyBiotic Balance. Fertypharm. Oral capsules.
GenMont. Biotech corporation. Oral capsules. Gynofit.
Tentan AG. Oral capsules.
Lactoflora intimate protection. STADA. Oral capsules.
Lactosupple. Anemore. Oral capsules.
Ns Gineprotect Femibiotic. Cinfa. Oral capsules.
Optibac for women - intimate flora. Oral capsules.
Physioflor. IPRAD. Gastroresistant oral capsules.
Probio+ Intima. Apyforme. Gélules gastro-résistantes.
Probiotics III. Baby&Me. Oral capsules.

USA

VagiBiom. Biom. Vaginal suppositories.
VS-01M Vaginal Synbiotic. Seed Health. Vaginal suppositories.
Vaginal probiotics composed of Lactobacillus only acquired at
www.rosemontpharmacy.com

CANADA

Flora SAP. NFH. Vaginal suppositories.
HMF Vaginal Health Probiotic Suppositories. Genestra/Seroyal. Vaginal suppositories.
Provacare vaginal probiotic. Provacare. Vaginal suppositories.
VagiBiom. Biom. Vaginal suppositories.

SOUTH AMERICA

Canesflor. Bayer. Vaginal capsules.
Gynophilus. Synthon Chile. Vaginal capsules.
Isadin a barcilus or Isadin Plus. ISDIN Laboratories. Vaginal capsules.
Lactinex. Omega Laboratory. Vaginal suppositories.
Purfem. Aralez Pharmaceuticals. Vaginal suppositories with applicator.
Tropivag. Lukoll. Vaginal capsules.

MEXICO

Gynophilus. ELEA. Vaginal capsules.

Seidibiotics Plus. Seid Lab. Gastroresistant oral capsules.
Seidivid Ferty4. Seid Lab. Oral capsules.
Thera Íntima. Theramex. Oral capsules.
Vagimed. Lactopia. Oral capsules.
Women's microflora probiotic. Life-space. Oral capsules.